

FULLY ALIVE SERIES

GROWTH GROUP GUIDE

WEEK 1 GUIDE: Colossians 1:1–14 — “Fully Alive by the Gospel”

Opening Question:

When did the gospel first become real to you—not just something you knew, but something that changed you?

Read Aloud: Colossians 1:1–14

Discussion Questions

1. What does this passage teach us about what the gospel actually does in a person’s life?
2. Why is it important that new life begins with grace rather than effort?
3. Paul connects the gospel with fruit, growth, and endurance—what stands out to you about that?
4. How does gratitude function as a sign of spiritual health in this passage?
5. Where do you see evidence of growth (or stagnation) in your own spiritual life?
6. What would it look like for you to live more intentionally from the “hope laid up in heaven”?

Application Steps

- Write down one area where you’ve been striving instead of receiving grace. Surrender it to God this week.
- Practice daily gratitude—name three things each day that reflect God’s work in your life.
- Encourage someone else by pointing out evidence of spiritual fruit in their life.

WEEK 2 GUIDE: Colossians 1:15–20 — “Fully Alive in Christ Above All”

Opening Question: What voices or influences most shape how people define reality and truth today?

Read Aloud: Colossians 1:15–20

Discussion Questions

1. What does this passage reveal about who Christ is?
2. Why does Paul emphasize that Jesus is both Creator and Redeemer?
3. What does it mean that “all things hold together in Him”?
4. How does this passage challenge the idea that life is found in self-improvement?
5. Where are you tempted to look for meaning, identity, or stability outside of Christ?
6. What would change if you truly believed that Christ defines reality itself?

Application Steps

- Identify one area where you’ve been relying on something other than Christ for security—recenter it this week.
- Spend time in worship focusing specifically on who Jesus is (not just what He does).
- Memorize a portion of this passage to anchor your thinking in Christ’s supremacy.

WEEK 3 GUIDE: Colossians 1:21–23 — “Fully Alive through Reconciliation”

Opening Question: Have you ever experienced a broken relationship being restored? What did that require?

Read Aloud: Colossians 1:21–23

Discussion Questions

1. How does Paul describe our condition before Christ?
2. What does reconciliation mean in this passage?
3. Why is salvation described in relational terms rather than just legal ones?
4. How does hope provide stability in the Christian life?
5. What does it look like to “continue in the faith” without drifting?
6. Where do you need to more fully embrace your identity as someone brought near to God?

Application Steps

- Reflect on your reconciliation with God—thank Him specifically for restoring you.
- Take a step toward reconciliation in a strained relationship if possible.
- Write down the hope of the gospel in your own words and revisit it throughout the week.

WEEK 4 GUIDE: Colossians 2:6–15 — “Fully Alive, Rooted in Christ”

Opening Question: What are some common ways people try to feel spiritually secure or “good enough”?

Read Aloud: Colossians 2:6–15

Discussion Questions

1. What does it mean to be “rooted and built up in Christ”?
2. How do legalism and false spirituality promise life but fail to deliver?
3. What does Paul say Christ has done to the powers that once enslaved us?
4. How does union with Christ replace spiritual anxiety with fullness?
5. Where do you feel pressure to perform spiritually rather than rest in Christ?
6. What would it look like to live from freedom instead of fear?

Application Steps

- Identify one “rule” or pressure you’ve been relying on for spiritual security—release it to Christ.
- Meditate on what it means that your debt has been canceled in Christ.
- Encourage someone who is struggling with guilt or spiritual pressure.

WEEK 5 GUIDE: Colossians 3:1–11 — “Fully Alive in New Life”

Opening Question: What habits or patterns are hardest for people to change, and why?

Read Aloud: Colossians 3:1–11

Discussion Questions

1. What does it mean to “set your mind on things above”?
2. Why does Paul ground behavior change in identity?
3. What does it look like to “put off” the old self in practical terms?
4. How is holiness connected to new life rather than mere rule-keeping?
5. Where do you see tension between your old self and new identity?
6. How can you actively participate in ongoing spiritual formation?

Application Steps

- Identify one “old self” habit to intentionally put off this week.
- Replace it with a corresponding “new life” practice.
- Ask someone in your group for accountability and encouragement.

WEEK 6 GUIDE: Colossians 3:12–17 — “Fully Alive Together”

Opening Question: What makes a community feel truly life-giving and healthy?

Read Aloud: Colossians 3:12–17

Discussion Questions

1. What qualities define a “fully alive” Christian community in this passage?
2. Why are love, peace, and forgiveness essential to life together?
3. What does it mean to let the word of Christ dwell richly among us?
4. How does worship shape everyday relationships?
5. Why is gratitude repeated so often in this passage?
6. What would it look like for our group/church to embody this kind of community more fully?

Application Steps

- Practice intentional encouragement within your group this week.
- Address any relational tension with humility and grace.
- Incorporate worship (music, Scripture, prayer) into your daily routine.